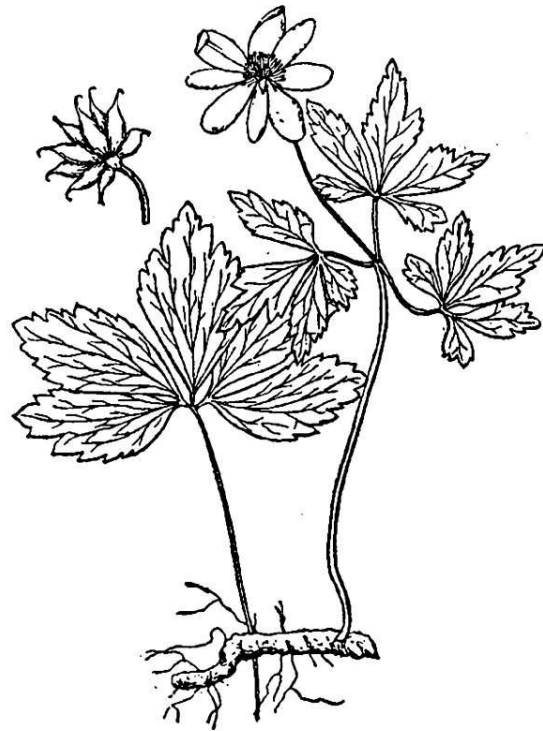


Please do not pick wildflowers!

# Wildflowers of Quincy Bog Natural Area

(Now including prominently flowering shrubs and trees)



**Q**uincy Bog Natural Area is a 50-acre property containing a variety of habitats, from open water, peat wetlands, and shallow marsh to moist woods, dry oak-pine forest, and mixed hardwoods. This habitat diversity results in a variety of wildflowers to enjoy spring through fall.

What is the value of wildflowers? From a botanical point of view, the most important function of a flower is reproduction. Reproduction takes place entirely in the flower of the plant, after which the seeds are spread and more flowers grow. The color, shape, and scent of flowers are ecological adaptations that improve the likelihood that the flower will be pollinated, thus maintaining genetic diversity and ensuring the continued existence of the species. Flowers also provide food in the form of pollen and seeds consumed by insects, birds, and mammals. Many insects, including bees, depend on pollen from plants to survive. These insects serve as food for larger predators, which in turn help feed others.

Most of us, however, don't think of these things when we come across a carpet of blue violets, a delicate white Wood Anemone, or the first fragrant Canada Mayflowers of spring. Wildflowers are valued the world over for their intricate beauty, their flashes of color in sometimes drab landscapes, their perfumed fragrance.

While you walk the trail at Quincy Bog, take a moment to enjoy the beauty of wildflowers, and also to appreciate the ecological role these flowers play in our complex natural world.



*As I wander'd the forest,  
The green leaves among,  
I heard a wild flower  
Singing a song.*

—William Blake,  
*The Wild Flower's Song*

## Using this Checklist

This checklist is based on data compiled from many observers over the last several decades.

Species nomenclature corresponds with the USDA Plants Database ([plants.usda.gov](https://plants.usda.gov)).

Wildflowers are grouped by flower color. Within each group, species are listed alphabetically by Latin name.

Bloom periods shown in bold were derived from records kept by RES Director Pat Barker since 1999. Bloom periods not shown in bold were taken from iNaturalist observation records for Grafton County, NH.

## Habitat Key

The following symbols have been used to indicate the habitat types where plants can be found at Quincy Bog:

- A** Aquatic (pond)
- S** Shallow marsh
- I** Islands
- M** Moist woods
- D** Dry woods
- L** Ledges
- E** Edges, open areas
- T** Can be seen along the trail
- W** Water's edge

Check the kiosk before heading out on the trail for a list of wildflowers currently in bloom. Also watch for ID tags along the trail.



To protect the Quincy Bog Natural Area and enhance the experience of other visitors, please adhere to the following guidelines. Thank you for your cooperation!

- Do not disturb or collect plants, animals, rocks, or other natural features.
- Foot traffic off marked trails is strongly discouraged.
- Anyone wishing to engage in activities that involve leaving marked trails should contact: [research@quincybog.org](mailto:research@quincybog.org)

Help keep our checklist up to date! If you identify plants that are listed as unconfirmed or not listed at all, please take the time to let us know. We would need to know the following information:

Observer (s) \_\_\_\_\_

Date \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Species identified \_\_\_\_\_

Location (please include nearest trail marker or other prominent landmark)

Fill out this form and leave it at the Nature Center, or simply email us the information at [research@quincybog.org](mailto:research@quincybog.org).

Digital photographs are always welcome.

Quincy Bog Natural Area is owned and managed by Rumney Ecological Systems. Visit us on the Web at [www.quincybog.org](http://www.quincybog.org)



Fourth Edition, February 2024

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# Wildflower Checklist



<b>Species</b>	<b>Bloom Period</b>	<b>Habitat</b>	<b>Notes</b>
<b>Red/Pink Flowers</b>			
Red Maple <i>Acer Rubrum</i>	Apr-May	M, D, S, T	
Hog Peanut <i>Amphicarpaea bracteata</i>	Jul-Sep	M, T	
Spreading Dogbane <i>Apocynum androsaemifolium</i>	Jul-Aug	E, T	
Beaked Hazelnut <i>Corylus cornuta</i>	Apr	E, T	
Pink Lady's Slipper <i>Cypripedium acaule</i>	May-Jun	D, T	
Black Huckleberry <i>Gaylussacia baccata</i>	May-Jun	M, T	
Sheep Laurel <i>Kalmia angustifolia</i>	May-Jun	S, M, T	
Rose Pogonia <i>Pogonia ophioglossoides</i>	Jun-Jul	I	
Arrow-leaved Tearthumb <i>Persicaria sagittata</i>	Jul-Aug	S, T	
Pink Steeplebush <i>Spiraea tomentosa</i>	Jul-Aug	M, S, T	
Marsh St. Johnswort <i>Triadenum virginicum</i>	Jul-Aug	S, T	
Red Clover <i>Trifolium pratense</i>	Jun-Sep	E, T	
Large Cranberry <i>Vaccinium macrocarpon</i>	Jun-Jul	I	
<b>White/Cream Flowers</b>			
Downy Serviceberry <i>Amelanchier arborea</i>	May	D	
Wood Anemone <i>Anemone quinquefolia</i>	May-Jun	D, T	
Bristly Sarsaparilla <i>Aralia hispida</i>	May-Jun	E, T	
Wild Sarsaparilla <i>Aralia nudicaulis</i>	May-Jun	D, T	
Black Chokeberry <i>Aronia melanocarpa</i>	May-Jun	W	
Buttonbush <i>Cephalanthus occidentalis</i>	Jul-Aug	W, T	
Mouse-ear Chickweed <i>Cerastium fontanum</i>	Jun-Aug	E, T	
Leatherleaf <i>Chamaedaphne calyculata</i>	Apr-May	W, I, T	
Turtlehead <i>Chelone glabra</i>	Jul-Aug	M, S, T	
Bulb-bearing Water Hemlock <i>Cicuta bulbifera</i>	Aug-Sep	S, T	
Goldthread <i>Coptis trifolia</i>	May	M, T	
Bunchberry <i>Chamaepericlymenum/Cornus canadensis</i>	May-Jun	D, T	
Silky Dogwood <i>Swida/Cornus amomum</i>	Jun-Jul	W, T	
Alternate-leaved Dogwood <i>Swida/Cornus alternifolia</i>	Jun-Jul	M, E, T	
Dewdrop <i>Dalibardia repens</i>	Jun-Jul	D, T	
Flat-topped Aster <i>Doellingeria umbellata</i>	Aug-Sep	M, S, T	
Spatulate-leaved Sundew <i>Drosera intermedia</i>	Jun-Jul	I	
Round-leaved Sundew <i>Drosera rotundifolia</i>	Jun-Jul	I, W	

<b>Species</b>	<b>Bloom Period</b>	<b>Habitat</b>	<b>Notes</b>
<b>White/Cream Flowers (cont.)</b>			
Trailing Arbutus (Mayflower) <i>Epigaea repens</i>	May-Jun	D, T	
Common Boneset <i>Eupatorium perfoliatum</i>	Aug-Sep	S, T	
White Wood Aster <i>Eurybia divaricata</i>	Aug-Sep	D, T	
Wild Strawberry <i>Fragaria virginiana</i>	May-Jun	E, T	
Northern Bedstraw <i>Galium boreale</i>	Jun-Jul	E, T	
Marsh Bedstraw <i>Galium palustre</i>	Jun-Aug	S, T	
Small Bedstraw <i>Galium trifidum</i>	Jul-Aug	S, T	
Wintergreen (Checkerberry) <i>Gaultheria procumbens</i>	Jul-Aug	D, T	
Downy Rattlesnake Plantain <i>Goodyera pubescens</i>	Jul-Aug	D, T	
Water Pennywort <i>Hydrocotyle americana</i>	Jul-Aug	M	
Common Winterberry <i>Ilex verticillata</i>	Jun-Jul	W	
Tall White Lettuce <i>Lactuca canadensis</i>	Jul-Sep	E, T	
American Honeysuckle <i>Lonicera canadensis</i>	May	D, E	
Northern Bugleweed <i>Lycopus uniflorus</i>	Jul-Aug	S, M	
Canada Mayflower <i>Maianthemum canadensis</i>	May-Jun	D, M, T	
False Solomon's Seal <i>Maianthemum racemosum</i>	May-Jun	D, T	
Narrowleaf Cow Wheat <i>Melampyrum lineare</i>	Jun-Jul	E, D, M	
Buckbean <i>Menyanthes trifoliata</i>	May-Jun	I	
Early Saxifrage <i>Micranthes virginiensis</i>	May-Jun	L, T	
Partridgeberry <i>Mitchella repens</i>	Jun-Jul	D, M, T	
One-flowered Wintergreen <i>Moneses uniflora</i>	Jun-Jul	D	
Ghost Pipe <i>Monotropa uniflora</i>	Jul-Aug	D, M, T	
Whorled Wood Aster <i>Oclemena acuminata</i>	Aug-Sep	D, T	
Dwarf Ginseng <i>Panax trifolius</i>	May-Jun	L, T	
Solomon's Seal <i>Polygonatum pubescens</i>	May-Jun	L, T	
Chokecherry <i>Prunus virginiana</i>	May-Jun	D, M	
Shinleaf <i>Pyrola elliptica</i>	Jul-Aug	D, T	
Skunk Currant <i>Ribes glandulosum</i>	May-Jun	D, M, T	
Common Blackberry <i>Rubus allegheniensis</i>	Jun-Jul	E, T	
Bristly Dewberry <i>Rubus hispida</i>	Jun-Jul	M, S, T	
Red Raspberry <i>Rubus idaeus</i>	Jun-Jul	E, T	
Common Arrowhead <i>Sagittaria latifolia</i>	Aug-Sep	A, T	
Black Elderberry <i>Sambucus canadensis</i>	Jun-Jul	E, M, T	
Red Elderberry <i>Sambucus racemosa</i>	May	D, E	
White Meadowsweet <i>Spiraea alba</i>	Jul-Sep	M, S, T	
Calico Aster <i>Symphyotrichum lateriflorum</i>	Aug-Sep	D, E	

<b>Species</b>	<b>Bloom Period</b>	<b>Habitat</b>	<b>Notes</b>
<b>White/Cream Flowers (cont.)</b>			
Tall Meadowrue <i>Thalictrum pubescens</i>	Jun-Jul	S, T	
Foamflower <i>Tiarella cordifolia</i>	May-Jun	M, T	
Starflower <i>Lysimachia borealis</i>	May-Jun	M, D, T	
White Clover <i>Trifolium repens</i>	Jun-Sept	E, T	
Painted Trillium <i>Trillium undulatum</i>	May-Jun	D, T	
Wild Oats <i>Uvularia sessilifolia</i>	May-Jun	D, M, T	
Lowbush Blueberry <i>Vaccinium angustifolium</i>	May	D, T	
Highbush Blueberry <i>Vaccinium corymbosum</i>	May-Jun	W, T	
Maple-leaved Viburnum <i>Viburnum acerifolium</i>	Jun	D, T	
Northern Wild Raisin <i>Viburnum cassinoides</i>	Jun	M, W	
Smooth Arrowwood <i>Viburnum dentatum</i>	May	W, T	
Hobblebush <i>Viburnum lantanoides</i>	May	D, T	
<b>Yellow/Orange Flowers</b>			
Nodding Bur Marigold <i>Bidens cernua</i>	Jul-Sept	S, T	
Beggarticks <i>Bidens frondosa</i>	Aug-Sept	M, T	
Bluebead <i>Clintonia borealis</i>	May-Jun	M, T	
Northern Bush Honeysuckle <i>Diervilla lonicera</i>	Jun-Jul	E, D	
Trout Lily <i>Erythronium americanum</i>	May	M, T	
Witch Hazel <i>Hamamelis virginiana</i>	Sept-Oct	M	
Orange Hawkweed <i>Hieracium aurantiacum</i>	Jun-Jul	D, E, T	
Yellow Hawkweed <i>Hieracium caespitosum</i>	Jun-Jul	D, E, T	
Pale St. Johnswort <i>Hypericum ellipticum</i>	Jun-Jul	S	
Jewelweed <i>Impatiens capensis</i>	Jul-Sept	M, S, T	
Whorled Loosetrife <i>Lysimachia quadrifolia</i>	Jun-Jul	M	
Swamp Candles <i>Lysimachia terrestris</i>	Jun-Jul	S, T	
Indian Cucumber Root <i>Medeola virginiana</i>	May-Jun	M, D, T	
Yellow Pond Lily <i>Nuphar variegata/lutea</i>	Jun-Aug	A	
Yellow Wood Sorrel <i>Oxalis stricta</i>	Jun-Jul	D, E, T	
Common Cinquefoil <i>Potentilla simplex</i>	May-Jun	E, T	
Common Buttercup <i>Ranunculus acris</i>	Jun-Jul	E	
Kidney-leaved Buttercup <i>Ranunculus abortivus</i>	Jun-Jul	M	
Black-eyed Susan <i>Rudbeckia hirta</i>	Jul-Aug	E, T	
Blue-stemmed Goldenrod <i>Solidago caesia</i>	Jul-Sept	L, D, T	
Rough-stemmed Goldenrod <i>Solidago rugosa</i>	Aug-Sept	E	
Dandelion <i>Taraxacum officinale</i>	Jun-Sept	E, T	

<b>Species</b>	<b>Bloom Period</b>	<b>Habitat</b>	<b>Notes</b>
<b>Yellow/Orange Flowers (cont.)</b>			
Hop Clover <i>Trifolium aureum</i>	Jun-Sept	E, T	
Floating Bladderwort <i>Utricularia radiata</i>	Jul-Sept	A	
<b>Lavender/Purple/Blue Flowers</b>			
Water Shield <i>Brasenia schreberi</i>	Jun-Jul	A	
Robin's Plantain <i>Erigeron pulchellus</i>	Apr-Jun	E, T	
Spotted Joe Pye Weed <i>Eupatoriadelphus maculatus</i>	Aug-Sept	S, T	
Bluets <i>Houstonia caerulea</i>	Jun-Aug	E	
Northern Blue Flag <i>Iris versicolor</i>	Jun-Jul	S, T	
Indian Tobacco <i>Lobelia inflata</i>	Jul-Sept	E, D, T	
Large Purple-fringed Orchid <i>Platanthera grandiflora</i>	Jun-Jul	S	
Pickeralweed <i>Pontederia cordata</i>	Jun-Sept	S, A	
Heal-all <i>Prunella vulgaris</i>	Jun-Sept	E, T	
Rhodora <i>Rhododendron canadense</i>	May	S	
Purple-flowered Raspberry <i>Rubus odoratus</i>	Jul-Aug	E, D	
Marsh Skullcap <i>Scutellaria galericulata</i>	Jun-Jul	S	
Mad-dog Skullcap <i>Scutellaria lateriflora</i>	Jul-Aug	S, M	
Purple-stemmed Aster <i>Symphotrichum puniceum</i>	Aug-Sept	E	
Common Speedwell <i>Veronica officinalis</i>	Jun-Jul	E	
Marsh Violet <i>Viola cucullata</i>	May-Jun	M, T	
<b>Greenish/Brown Flowers</b>			
Jack-in-the-pulpit <i>Arisaema triphyllum</i>	Jun-Jul	M, T	
Pinesap (False Beech-drops) <i>Monotropa hypopithys</i>	Aug-Sept	D	
Greenbrier <i>Smilax herbacea</i>	May-Jun	M, T	
Bur-reed <i>Sparganium americanum</i>	Jun-Jul	S	
Poison ivy <i>Toxicodendron radicans</i>	Jun-Jul	E, T	
Cattail <i>Typha latifolia</i>	Jun-Jul	S, T	
Riverbank grape <i>Vitis riparia</i>	May-Jun	M, T	